

TOP 5 CANCER FEEDING FOODS TO

Avoid Immediately!

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1

Refined White Sugar
(includes corn syrup)

Cancer cells love sugar. Unfortunately refined white sugar is something they feed uncontrollably on and likely will spread quickly throughout the body

Refined White Flour

High-glycemic foods in general have also been shown to rapidly raise blood sugar levels in the body, which directly feeds cancer cell growth and spread

2



Processed Meats

Most hot dogs, sausage, bacon, and lunch meats are processed and preserved with these chemicals: sodium nitrite and/or sodium nitrate in order to lengthen their shelf life and to enhance to appearance with color and enhance flavor

3



Farm Raised Salmon

Another high-risk cancer food, according to Dr. David Carpenter, Director of the Institute for Health and the Environment at the University of Albany.

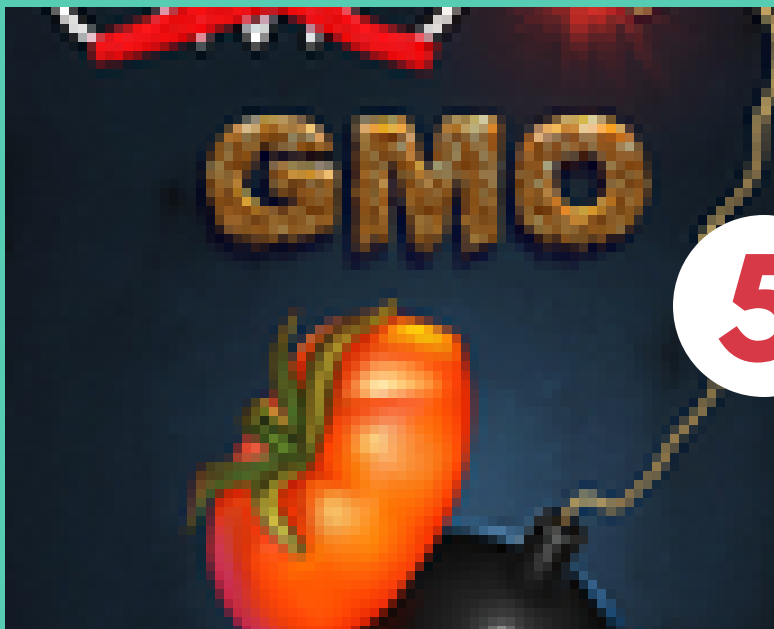
4



GMOs (Genetically-modified organisms)

This one is scary folks! Anything that causes rapid tumor growth has no place in a healthy diet! Especially if you want to prevent or fight cancer!

5



read the rest here: <https://eatrightforthefight.com/avoidfoods>